



Moreton Say CE Primary School
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Executive Headteacher: Mrs S Henney,
BA(Hons), MEd, NPQEL, NASENCO

October 2024

Year 3 & 4 – PSHE/RSE

Dear Parents/Guardians,

RSE in schools

"Relationships and sex education" is teaching pupils about healthy, respectful relationships, focussing on family and friendships, in all contexts, including online. From September 2020, Relationships and Health Education became statutory in primary schools and Relationships, Sex and Health Education became statutory in secondary schools. 'When children are comfortable talking about relationships and sex education, it has a very positive impact on their life. Good quality conversations about RSE help to keep children safe, improves their communication, increases everyone's understanding of relationships and improves their self-esteem and confidence.'

During EYFS, key stage 1 and key stage 2 children will learn about:

- Families and people who care for us
- Caring friendships
- Respectful relationships
- Online relationships
- Staying safe

Year 3 & 4

As part of our Relationship and Sex Education Policy over the next half term we will be delivering work based on the topic of growing and changing, looking at relationships and appropriate touch. To deliver this we use a combination of resources from NSPCC 'Speak out, stay safe' and the 1Decision Program of Study. By the end of this unit children should be able to:

- Identify different types of relationships we can have and how they change as we grow.
- Explain how our families support us and how we can support our families.
- Identify how relationships can be healthy or unhealthy.
- Explain how to ask for help and identify who can help us if a relationship makes us feel uncomfortable.

If you would like to know more about this, then please look at our school website or speak to your child's class teacher who will be more than happy to help.

Thank you for your continued support,

Many thanks,

Mrs E Rawsthorne
PSHE lead

