RSHE pupil voice September 2026

What is RSHE? What do you learn in RSHE?	Dangers around the house, stealing and losing things, staying healthy, road safety, stranger dangers, online safety. Peer pressure, how to make the right choice around out friends. The dangers of smoking and drugs. Being good friends, sharing and turn taking, tying our shoe laces. Road and bike safety. Online safety – keeping safe when you using the computer. Being safe when you are out and being safe at home. Water safety.
What was a recent topic you covered in RSHE? What did you learn in relation to xxx. How would you manage a situation involving xxx	Water safety and dangers in the water – we watched videos about people swimming in the water. It is important to learning about water safety so we look for water danger signs, currents and places to swim in the sea. To stop us from drowning. I could call for help if someone was in trouble in the water. Water safety – the warning signs or currents and different dangers in the water. What we would do if we were in danger in the water. Float to live. Tying our shoes laces so we don't trip up. The little girl in the video didn't listen and she tripped over on the concrete. We have to make sure our laces are done up. Road safety, we should wear highviz jackets, you should cross the road with a grown up, you can cross when the man is green. We need to know this so we stay safe and don't get run over. Fire safety, thinking about which things are safe or not safe. Online bullying, what to do if someone says something you don't like online. You have to tell a grown up straight away. Online safety, not talking to strangers in chats or games. Look after each other if you know a friend is talking to someone they shouldn't then you need to tell an adult.
What learning has worked well for you in RSHE?	We like the videos and talking about the people. Fun and interactive activities like drama to act out the different situations and what we would do. We like the videos and working out what to do. We like the videos and making the choices. It is good to discuss why you think it is the right thing to do. It helps to talk about what someone would do because it's hard to think about what you would do if you aren't in that situation. It helps to see what happens when you pick the right choice. We like the videos because they are fun and you can help someone make the right choice.

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If you were planning to teach a RSHE lesson to your year group what would be the focus and why?	Water safety Looking after pets. Animal cruelty Road safety Farm safety Child safety and child cruelty. Being safe at football matches Looking after the environment. Online safety Talking to strangers Road safety – staying safe on your bike on the road Life skills like tying shoe laces. Staying safe around farm machines.
Do you think RSHE is an important part of school and why?	Yes because it is about staying safe. Yes, it raises awareness of hazards in life and the dangers around us. Yes because we need to know how to stay safe so we can play and learn. Yes, very because it keeps up safe and healthy. Yes because when you are in trouble then you would know what to do or how to help someone else.
Is there anything you would you change about RSHE?	Making the videos longer so we can see more of what happens to the characters. More acting lessons – the fun bits help us to remember more No No
Is there a trusted / safe adult in school you could talk to if you felt you needed to? How do you start that conversation with the adult?	Yes – all the teachers and teaching assistants. Yes - the teachers and maybe go with a friend. Yes - teachers or adult that you trust at school. With a friend.
Do you feel comfortable and confident to join in with class discussions in RSHE? Why?	Yes, it is easier to talk about the characters than ourselves. At the start of the year we talk about not laughing at other people's ideas. Yes because we all respect each other and no idea is wrong. Yes because everyone is kind in our class.

	Yes , I know everyone will listen to me. I like to express my ideas. It's good to share with people that you know are going to listen to you and not laugh at your ideas. Its always better to share. Yes, we have lots time to have discussions.
Do you feel what you learn about online safety in your RSHE lessons enables you to be safe when you are online? How do you learn about what to do if things are happening online that you don't feel comfortable with?	Yes online safety is a big part of gaming and our lives. Yes because computers are all over the world and this generation is growing up in a world surrounded by technology which we need to be safe using. We need to know about keeping other people safe too. You never know who you could be talking to online and what information they might be trying to get you to give them. I would, block them, report them and tell a trusted adult. Yes so you don't accidently press on the wring button and put yourself in danger. You don't want to get hacked. So you don't talk to strangers. If we were worried we would tell a grown up and stay with them if we felt scared. Yes so you know only to talk to safe people. You know not to give out any personal information and how to stop yourself getting hacked. Yes because we can teacher other people about staying safe.

Year 5 and 6

Year 3 and 4

Year 1 and 2