ADDMORE FEDERATION
'Together we add more'

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Sex Education: Information for Parents and Carers

What Your Child Will Be Taught

At Addmore Federation, we understand that teaching children about relationships, growing up and human development is an important part of supporting their wellbeing, safety and preparation for the future. We also recognise that parents and carers play a vital role in these conversations and that schools and families work best when they work together openly and supportively.

Relationships and Health Education (RHE) is statutory for all primary schools in England and forms part of our RSHE curriculum. This includes puberty education. Parents and carers do not have the right to withdraw their child from any content that covers statutory Relationships or Health Education objectives, or national curriculum science objectives (including human development and reproduction).

In addition to the statutory curriculum, our school also chooses to deliver a Sex Education unit. This is taught in Year 5 and 6 through 1decision's Conception topic and covers how babies are made in an age-appropriate, factual way. This is the only element of our RSHE provision from which parents and carers may request withdrawal.

We hope you trust that, as a school, we take decisions around RSHE content very seriously. All materials are carefully selected and reviewed to ensure they remain age-appropriate, sensitive and relevant to children's current needs and levels of maturity. Our priority is always to support children in developing accurate understanding, confidence, safety awareness and respect in a way that is appropriate for their stage of development.

Our Chosen Programme: 1decision

To deliver RSHE, we use 1decision - a multi-award winning programme used across the country and worldwide. The resources have been developed by RSHE and safeguarding experts, working alongside schools and children.

We encourage you to explore the 1decision Parent/Carer Zone before making any decision about withdrawal. There you will find:

- An overview of what 1decision is and how it works

• A content overview, including examples of puberty and conception animations
• Examples of Early Years content
• Understanding RSHE document
• Free home activities and much more

Why We Teach Sex Education

We believe it is important that children receive accurate, age-appropriate information in a safe environment - from a trusted adult, rather than from peers or online sources. Research shows that children who do not receive this information at school are more likely to turn to the internet, where content can be misleading, harmful or age-inappropriate.

Our teaching is carefully planned, sensitive in its delivery, and gives pupils the opportunity to ask questions in a supportive setting.

We would love to show you the resources before you make a decision.

You are warmly welcome to attend our parent information session where you can view the full 1decision videos and ask any questions.

Requesting Withdrawal from the Conception Unit

If, after reviewing the 1decision resources, you wish to withdraw your child from the Year 5/6 Conception unit, please follow the process below.

Our withdrawal process:
Please contact your child's class teacher. We will discuss the request with parents, this discussion is to inform parents not to determined whether withdrawal is granted.

Please be aware that the school will keep an appropriate record of the request for withdrawal and any discussion with the parent/carer in accordance with the school's record keeping arrangements.

If you have any questions about our RSHE curriculum, please contact us via the school office.

Many thanks,
Mrs N Rawsthorne

RSHE lead